



Activities Calendar

November 17th to November 23rd

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
November 17th	November 18th	November 19th	November 20th	November 21st	November 22nd	November 23rd
<p>2:00pm Movie Showing Amistad Laurel Room</p>	<p>8:30am Water Aerobics with Tamara Pool</p> <p>9:45am Resident Council Meeting Laurel Room/Zoom</p> <p>11:00am Seamstress Activity Room</p> <p>12:45pm Rummikub Card Room</p> <p>1:00pm Meditation Board Room</p> <p>1:30pm Open Games Card Room</p> <p>2:00pm Documentary Showing Super/Man: The Christopher Reeve Story Laurel Room</p> <p>3:00pm Floral Arrangement Class *Sign-up required Activity Room</p> <p>3:00pm Ice Cream Social Garden Grille</p>	<p>8:30am Water Aerobics with Tamara Pool</p> <p>9:30am Chair Pilates with Tamara Laurel Room</p> <p>11:00am Sasha Rahmi Clothing Lecture Laurel Room</p> <p>11:00am Shopping Trip Front Entrance</p> <p>11:00am Legislative Committee Board Room</p> <p>2:00pm Janice Friedman Piano Laurel Room</p> <p>4:00pm RMA Lecture Laurel Room</p> <p>7:30pm Movie Showing His Three Daughters Laurel Room</p>	<p>8:30am Water Aerobics with Tamara Pool</p> <p>9:30am Stretch with Renee Laurel Room</p> <p>11:00am Catholic Mass Laurel Room</p> <p>1:30pm Bus Tour of Greenwich with Bobbie Hopkins *Sign-up Required Front Entrance</p> <p>2:00pm Intermediate Bridge Card Room</p> <p>3:00pm Afternoon Tea Garden Grille</p> <p>3:30pm Beginner Bridge Card Room</p> <p>4:00pm Nicole Wang Piano Laurel Room</p> <p>5:00pm Meet & Greet at the Pub Pub</p> <p>5:30pm Fall Mixer *Reservations Required Main Dining Room</p>	<p>8:30am Water Aerobics with Tamara Pool</p> <p>9:30am Arthritis Mobility with Tamara Laurel Room</p> <p>10:30am Smart Driver Course *Sign-up Required Card Room</p> <p>10:30am Tech Class *Sign-up Required Tech Suite</p> <p>11:00am Protestant Service Parlor</p> <p>11:00am Krikor Jewelry Repair Activity Room</p> <p>1:00pm Mahjong Pub</p> <p>1:00pm Beginner Mahjong Living Room</p> <p>1:00pm Tech Class *Sign-up Required Tech Suite</p> <p>2:30pm Art with Michelle Activity Room-Signup Required</p> <p>7:00pm Poker Night Card Room</p> <p>7:30pm Movie Showing The Lost King Laurel Room</p>	<p>8:30am Water Aerobics with Tamara Pool</p> <p>9:30am Sit and Tone with Renee Laurel Room</p> <p>11:15am Yoga Laurel Room</p> <p>2:00pm Stitch & Chat Activity Room</p> <p>4:00pm Happy Hour Living Room</p>	<p>9:00am Sit and Tone with Renee Laurel Room</p> <p>11:00am Bible Discussion w/ Carolyn Fisher Book of Acts Card Room</p> <p>1:30pm Bingo Activity Room</p> <p>3:00pm Movie Showing A Paris Christmas Waltz Laurel Room</p> <p>7:30pm Suzanne Sheridan Vocalist Laurel Room</p>

Fun Fact (Provided by the Welcoming Committee)
If you need a document notarized, see Susan Tortorici in the Marketing office. She is a notary.






New Activity!
A floral arranging class will be held November 18. Sign up at the Concierge Desk

Health Fact
A recent physiology experiment found that those people who breathe through their nose have a lower blood pressure reading than those who breathe through their mouth.

Managers On Duty			
Independent Living			
17-Nov	Peter Fee	phone	(203)- 595-2340
23-Nov	Maureen Jennings		(203)-595-2302
Health Center			
17-Nov	Marisol Vega	phone	(203)-595-2404
23-Nov	Mike Prisinzano		(203)-595-2410

Movies & Showtimes

November 17th to November 23rd

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
November 17th		November 18th		November 19th		November 20th		November 21st		November 22nd		November 23rd	
2:00pm	Movie Showing Amistad History/Drama 2h 32m (1997) Laurel Room 	2:00pm	Documentary Showing Super/Man: The Christopher Reeve Story Documentary 1h 44m (2024) Laurel Room 	7:30pm	Laurel Room His Three Daughters Drama 1h 41m (2023) Laurel Room 			7:30pm	Movie Showing The Lost King Comedy/Drama 1h 49m (2023) Laurel Room 			3:00pm	Movie Showing A Paris Christmas Waltz Romance/Comedy 1h 30m (2023) Laurel Room 
<p>In 1839, the slave ship Amistad set sail from Cuba to America. During the long trip, Cinque (Djimon Hounsou) leads the slaves in an unprecedented uprising. They are then held prisoner in Connecticut, and their release becomes the subject of heated debate. Freed slave Theodore Joadson (Morgan Freeman) wants Cinque and the others exonerated and recruits property lawyer Roger Baldwin (Matthew McConaughey) to help his case. Eventually, John Quincy Adams (Anthony Hopkins) also becomes an ally.</p>		<p>The story of Christopher Reeve is an astonishing rise from unknown actor to iconic movie star, and his definitive portrayal of Clark Kent/Superman set the benchmark for the superhero cinematic universes that dominate cinema today. Reeve portrayed the Man of Steel in four Superman films and played dozens of other roles that displayed his talent and range as an actor, before being injured in a near-fatal horse-riding accident in 1995 that left him paralyzed from the neck down. After becoming a quadriplegic, he became a charismatic leader and activist in the quest to find a cure for spinal cord injuries, as well as a passionate advocate for disability rights and care -- all while continuing his career in cinema in front of and behind the camera and dedicating himself to his beloved family.</p>		<p>From writer-director Azazel Jacobs (French Exit, The Lovers) comes this bittersweet and often funny story of an elderly patriarch and the three grown daughters who come to be with him in his final days. Katie (Carrie Coon) is a controlling Brooklyn mother dealing with a wayward teenage daughter; free-spirited Christina (Elizabeth Olsen) is a different kind of mom, separated from her offspring for the first time; and Rachel (Natasha Lyonne) is a sports-betting stoner who has never left her father's apartment -- much to the chagrin of her stepsisters, who share a different mother and worldview. Continuing his astute exploration of family dynamics in close-knit spaces, Jacobs follows the siblings over the course of three volatile days, as death looms, grievances erupt, and love seeps through the cracks of a fractured home.</p>		<p>In this inspiring true story, amateur historian Philippa Langley believes she has made the archeological find of the century: the lost burial site of King Richard III. She takes on Britain's most eminent historians, forcing them to rethink the legacy of one of the most controversial rulers in English history.</p>		<p>Follows Emma as she encounters professional dancer Leo, whose enthusiasm for competitive dancing is diminishing. However, a once-in-a-lifetime opportunity presents itself for the novice to join the pro and astound Paris.</p>					