



Activities Calendar

December 22nd to December 28th

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
December 22nd	December 23rd	December 24th	December 25th	December 26th	December 27th	December 28th
2:00pm Movie Showing Mission: Impossible Rogue Nation Laurel Room	8:30am Water Aerobics with Tamara Pool 9:30am Sit and Tone with Renee Laurel Room 11:00am Seamstress Activity Room 12:45pm Rummikub Card Room 1:00pm Meditation Board Room 1:30pm Open Games Card Room 2:30pm Short Stories-Caroll Stenson Zoom 3:00pm Ice Cream Social Garden Grille 4:00pm Town Hall-Canceled Laurel Room 7:30pm Gil Harel Lecture Laurel Room	8:30am Water Aerobics-Canceled Pool 9:30am Morning Exercise-Canceled Laurel Room 11:00am Shopping Trip Front Entrance 7:30pm Movie Showing The Three Tenors Christmas Laurel Room	8:30am Water Aerobics-Canceled Pool 9:30am Morning Exercise-Canceled Laurel Room 11:00am Catholic Mass-Canceled Laurel Room 11:00am Christmas Brunch *Reservations Required Main Dining Room 1:00pm Christmas Brunch *Reservations Required Main Dining Room 5:00pm 1st Light with Rabbi Cohen Card Room	8:30am Water Aerobics with Tamara Pool 9:30am Arthritis Mobility with Tamara Laurel Room 10:30am Tech Class *Sign-up Required Tech Suite 11:00am Protestant Service Card Room 1:00pm Mahjong-Canceled Card Room 1:00pm Beginner Mahjong-Canceled Living Room 1:00pm Tech Class *Sign-up Required Tech Suite 1:00pm Wheelchair & Walker Repair Garden Level 4:00pm Museum Comes to You (Kwanzaa) Laurel Room 7:00pm Poker Night Card Room 7:30pm Movie Showing Home Alone Laurel Room	8:30am Water Aerobics with Tamara Pool 9:30am Sit and Tone with Renee Laurel Room 11:15am Yoga Laurel Room 2:00pm Stitch & Chat Activity Room 4:00pm Happy Hour Living Room	9:00am Sit and Tone with Denise Laurel Room 11:00am Bible Discussion w/ Carolyn Fisher Book of Acts Card Room 1:30pm Bingo Activity room 3:00pm Movie Showing The Guernsey Literary and Potato Peel Pie Society Laurel Room

 **Fun Fact (Provided by the Welcoming Committee)**
 You can have your daily medications managed for you for a fee.
 See Wellness Director, Sandra Buckle.





 **Health Fact**
 Sleep apnea is associated with a significantly increased risk of affective disorders such as depression & anxiety.
 Speak to your doctor if you have these symptoms.



Managers On Duty			
Independent Living			
22-Dec	Jay Shankar	phone	(203)-595-2345
25-Dec	Caver Pusey		(203)-595-2334
28-Dec	Natalia Iartchikova		(203)-595-2321
Health Center			
22-Dec	Chris Massaro	phone	(203)-595-2407
25-Dec	Serena O'Brien		(203)-595-2412
28-Dec	Sandra Buckle		(203)-595-2427

Movies & Showtimes

December 22nd to December 28th

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
December 22nd	December 23rd	December 24th	December 25th	December 26th	December 27th	December 28th
<p>2:00pm Movie Showing</p> <p>Mission: Impossible Rogue Nation <i>Laurel Room</i> Action/Adventure 2h 11m (2015) *Amazon Prime*</p>  <p>With the IMF now disbanded and Ethan Hunt (Tom Cruise) out in the cold, a new threat -- called the Syndicate -- soon emerges. The Syndicate is a network of highly skilled operatives who are dedicated to establishing a new world order via an escalating series of terrorist attacks. Faced with what may be the most impossible mission yet, Ethan gathers his team and joins forces with Ilsa Faust (Rebecca Ferguson), a disavowed British agent who may or may not be a member of this deadly rogue nation.</p>		<p>7:30pm Movie Showing</p> <p>The Three Tenors Christmas <i>Laurel Room</i> Pavarotti/Carreras/Domingo 1h 35m (1999) *DVD*</p>  <p>The Three Tenors capture the joy and spirit of the season with their first ever Christmas concert, live from Vienna, featuring performances of international seasonal favorites by the best-selling and world-renowned trio. Enjoy the gifts of The Three Tenors and be part of the holiday event of the year.</p>		<p>7:30pm Movie Showing</p> <p>Home Alone <i>Laurel Room</i> Family/Holiday/Comedy 1h 42m (1990) *Amazon Prime*</p>  <p>When bratty 8-year-old Kevin McCallister (Macaulay Culkin) acts out the night before a family trip to Paris, his mother (Catherine O'Hara) makes him sleep in the attic. After the McCallisters mistakenly leave for the airport without Kevin, he awakens to an empty house and assumes his wish to have no family has come true. But his excitement sours when he realizes that two con men (Joe Pesci, Daniel Stern) plan to rob the McCallister residence, and that he alone must protect the family home.</p>		<p>3:00pm Movie Showing</p> <p>The Guernsey Literary and Potato Peel Pie Society <i>Laurel Room</i> Drama/Romance 2h 4m (2018) *Netflix*</p>  <p>In 1946 a London-based writer begins exchanging letters with residents on the island of Guernsey, which was German-occupied during WWII. Feeling compelled to visit the island, she starts to get a picture of what it was like during the occupation.</p>