





Activities Calendar

January 19th to January 25th

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
January 19th	January 20th	January 21st	January 22nd	January 23rd	January 24th	January 25th
<p>2:00pm Movie Showing Judy Laurel Room</p>	<p>8:30am Water Aerobics with Tamara Pool</p> <p>9:30am Sit and Tone with Renee Laurel Room</p> <p>9:45am Resident Council-Postponed Laurel Room</p> <p>11:00am Kimberly Wilson "A Journey" Musical One Woman Show Laurel Room</p> <p>12:45pm Rummikub Card Room</p> <p>1:00pm Meditation Board Room</p> <p>1:30pm Open Games Card Room</p> <p>3:00pm Ice Cream Social Garden Grille</p> <p>5:30pm Conversation Table *By Invitation Private Dining Room</p> 	<p>8:30am Water Aerobics with Tamara Pool</p> <p>9:30am Morning Exercise-Canceled Laurel Room</p> <p>9:45am Resident Council Meeting Laurel Room/Zoom</p> <p>11:00am Legislative Committee Board Room</p> <p>11:15am John Tuohy Music Lecture Laurel Room</p> <p>11:15am Shopping Trip Front Entrance</p> <p>7:30pm Documentary Showing The Children's Train Laurel Room</p>	<p>8:30am Water Aerobics with Tamara Pool</p> <p>9:30am Stretch with Renee Laurel Room</p> <p>11:00am Catholic Mass Laurel Room</p> <p>1:00pm Seamstress Activity Room</p> <p>2:00pm Intermediate Bridge Card Room</p> <p>3:00pm Afternoon Tea Garden Grille</p> <p>3:00pm Ferguson Bookmobile Front Entrance</p> <p>3:30pm Beginner Bridge Card Room</p> <p>4:00pm Museum Comes to You w/Darby Laurel Room</p> <p>7:30pm Bonnie Rapp Concert Laurel Room</p>	<p>8:30am Water Aerobics with Tamara Pool</p> <p>9:30am Arthritis Mobility with Tamara Laurel Room</p> <p>10:30am Tech Class *Sign-up Required Tech Suite</p> <p>11:00am Protestant Service Card Room</p> <p>1:00pm Mahjong Card Room</p> <p>1:00pm Beginner Mahjong Living Room</p> <p>1:00pm Tech Class *Sign-up Required Tech Suite</p> <p>1:00pm Wheelchair & Walker Repair Garden Level</p> <p>4:00pm Building 1 Community Lecture Laurel Room</p> <p>7:00pm Poker Night Card Room</p> <p>7:30pm Movie Showing If I Had You Laurel Room</p>	<p>8:30am Water Aerobics with Tamara Pool</p> <p>9:30am Sit and Tone with Renee Laurel Room</p> <p>11:15am Yoga Laurel Room</p> <p>2:00pm Stitch & Chat Activity Room</p> <p>2:00pm Shabbat Card Room</p> <p>4:00pm Happy Hour Living Room</p>	<p>9:00am Sit and Tone with Denise Laurel Room</p> <p>11:00am Bible Discussion w/ Carolyn Fisher Book of Acts Card Room</p> <p>1:30pm Bingo Activity Room</p> <p>3:00pm Movie Showing Emilia Perez Laurel Room</p> <p>7:30pm On Time Trio Concert Laurel Room</p>

 **Fun Fact (Provided by the Welcoming Committee)**
Postage stamps can be purchased in the Country Store.




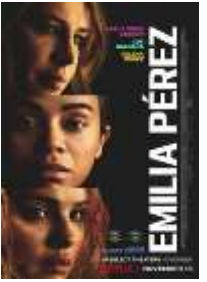
 **Health Fact**
Cologuard, a non-invasive test has a 92% ability to detect colon cancer when present.

 **Reminder:**
Please be sure to check the bulletin boards for any flyers/reminders. One board is located next to the mailboxes and the other two are next to the elevator in the East and West wing.

Managers On Duty			
Independent Living			
19-Jan	Albert Soe	phone	(203)- 595-2417
20-Jan	Bryan Sy		(203)-595-2311
25-Jan	Jay Shankar		(203)-595-2345
Health Center			
19-Jan	Johnny Castro	phone	(203)-595-2400
20-Jan	Sandra Giafardino		(203)-595-2400
25-Jan	Latrina Annosier		(203)-595-2331

Movies & Showtimes

January 19th to January 25th

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
January 19th	January 20th	January 21st	January 22nd	January 23rd	January 24th	January 25th
<p>2:00pm Movie Showing Judy <i>Laurel Room</i> Musical/Romance 1h 58m (2019) (with Renee Zellweger) *Netflix*</p>  <p>Thirty years after starring in "The Wizard of Oz," beloved actress and singer Judy Garland arrives in London to perform sold-out shows at the Talk of the Town nightclub. While there, she reminisces with friends and fans and begins a whirlwind romance with musician Mickey Deans, her soon-to-be fifth husband.</p>		<p>7:30pm Documentary Showing The Children's Train <i>Laurel Room</i> Documentary 1h 46m (2024) *Netflix*</p>  <p>In late 1940s Italy, a mother makes the difficult decision to send her son to the north, where he catches glimpses of a new life away from poverty.</p>		<p>7:30pm Movie Showing If I Had You <i>Laurel Room</i> Mystery/Thriller 1h 35m (2006) *Prime*</p>  <p>A policewoman investigates the murder of a teacher after a class reunion.</p>		<p>3:00pm Movie Showing Emilia Pérez <i>Laurel Room</i> Musical/Drama 2h 12m (2024) *Netflix*</p>  <p>ACADEMY AWARD AND GOLDEN GLOBE NOMINATIONS FOR BEST ACTRESS AND BEST PICTURE. From renegade auteur Jacques Audiard comes Emilia Pérez, an audacious fever dream that defies genres and expectations. Through liberating song and dance and bold visuals, this odyssey follows the journey of four remarkable women in Mexico, each pursuing their own happiness. The fearsome cartel leader Emilia (Karla Sofía Gascón) enlists Rita (Zoe Saldaña), an unappreciated lawyer stuck in a dead-end job, to help fake her death so that Emilia can finally live authentically as her true self.</p>