



DINNER

SOUP DU JOUR

FRESH SLICED TOMATO,
RED ONION & BLUE
CHEESE

HOUSE SALAD

MIXED GREENS, TOMATO, CUCUMBER &
ONION WITH CHOICE OF DRESSING

MAIN COURSE

VITAMIN C BOOSTER RAINBOW SALAD

BABY SPINACH, PINE NUTS, RED CABBAGE,
RED QUINOA, RED PEPPER, FRESH
ORANGES, EDAMAME, & POMEGRANATE &
LEMON LIME HONEY DRESSING
CHOICE OF GRILLED CHICKEN, SHRIMP OR
SALMON

SIRLOIN STEAK FRITES

HORSERADISH DIJON SAUCE
WITH VEGETABLE OF THE DAY & FRENCH
FRITES

GRILLED TERIYAKI SHRIMP & SCALLOPS

STIR FRIED VEGETABLES & STEAMED
WHITE RICE

GRILLED BALSAMIC CHICKEN BREAST

SAUTEED PEPPER & ONION
VEGETABLE DU JOUR

VERMONT CHEDDAR & AVOCADO BURGER

CHOICE OF: ANGUS STEAKHOUSE BURGER
OR TURKEY BURGER.
WITH ROASTED GARLIC & MAPLE AIOLI
LETTUCE, TOMATO & RED ONION

THREE CHEESE RAVIOLI

FRESH ASPARAGUS, YELLOW & RED
GRAPE TOMATO IN LIGHT WINE
GARLIC SAUCE

SIDES

COLESLAW

ONION RINGS

SHOESTRING FRENCH FRIES

SWEET POTATO FRIES

WEEK 7

MONDAY - SATURDAY

MARCH 24TH - MARCH 29TH