



## LUNCH

### SOUP DU JOUR

### CAESAR SALAD

CRISP HEARTS OF ROMAINE TOSSED IN CAESAR DRESSING TOPPED WITH HERBED CROUTONS & SHAVED PARMESAN

### HOUSE SALAD

MIXED GREENS, TOMATO, CUCUMBER & ONION WITH CHOICE OF DRESSING

## MAIN COURSE

### VITAMIN C BOOSTER RAINBOW SALAD

BABY SPINACH, PINE NUTS, RED CABBAGE, RED QUINOA, RED PEPPER, FRESH ORANGES, EDAMAME, & POMEGRANATE & LEMON LIME HONEY DRESSING  
CHOICE OF GRILLED CHICKEN, SHRIMP OR SALMON

### AVOCADO TOAST

TOASTED & GRAIN BREAD TOPPED WITH SWEET ROASTED RED TOMATOES

### BLACK FOREST SANDWICH

LEAN ROAST BEEF & SWISS CHEESE, SAUERKRAUT & THOUSAND ISLAND DRESSING ON MARBLE BREAD

### SIDES

COLE SLAW  
ONION RINGS  
FRENCH FRIES  
SWEET POTATO FRIES

### VERMONT CHEDDAR BURGER

ANGUS STEAKHOUSE BURGER OR TURKEY BURGER LETTUCE, TOMATO & RED ONION ON BRIOCHE

### LAMB GYRO WRAP

TZATZIKI SAUCE, LETTUCE, TOMATO & RED ONION

### SOUTH OF THE BORDER SHRIMP & AVOCADO QUESADILLA

GRILLED PEPPER & ONION WITH FRESH SALSA & SOUR CREAM

### GRILLED BALSAMIC & OLIVE OIL CHICKEN BREAST

FRESH ARUGULA, TOMATO & RED ONION ON A BRIOCHE ROLL

### SALAD PLATTERS

ALBACORE TUNA  
CHICKEN SALAD  
EGG SALAD

WEEK 7

MONDAY THROUGH SATURDAY  
MARCH 24TH TO MARCH 29TH