3/29/2025	3/30/2025	3/31/2025	4/1/2025	4/2/2025	4/3/2025	4/4/2025	(Not Available on Wednesday or Sunday
SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	ALWAYS AVAILABL
Soup of the day							
Hearty Garbanzo Bean & Tomato Soup	SUNDAY BRUNCH	Creamy Carrot & Ginger	Hearty Minestrone Soup	Cream of Tomato Florentine	Homestyle Chicken Noodle Soup	Atlantic Cod & Potato Chowder	Chicken Bouillion
Salad of the Day							Salad of the Week
Kale, Carrot & Brussel Sprout Slaw with Honey Mustard Dressing	Plank Smoked Salmon Plate or Fruit, Berries & Cottage Cheese	Chic Pea, Red Onion & Spinach Salad	Heirloom Tomato Salad w Red Onion & Olives	Citrus Spelt & Vegetable Salad	Mixed Green Salad with House Made Tarragon Dressing	Marinated Button Mushroom < Red Pepper & Olive Salad	Chopped Iceberg Garde Salad
Today's Entrees							Pasta
Grilled German Knockwurst with Sauerkraut & Sweet Onions	Maine Blueberry Filled Pancakes	Petite Grilled Sirloin Steak with Tarragon Demi Glaze	Crispy Chicken Parmesan	Sauteeded Veal Punta Nesca	Beer Braised Bratwurst with Onions & Sauerkraut	Grilled Pork Tenderloin with Cherry Orange Sauce	Bucatini Pasta with Marinara or Pesto
florentino cauliflower & roasted fingerling potatoes	sliced cantelope & sausage patty	broccolini with baked potato	steamed green beans with bucatini pasta	Sauteed Black Kale & Olive Oil Parmesan Roasted Potato	vegetable medley & whipped Potato	herb topped tomato au gratin & roasted new potato	Chicken
Roasted Honey Mustard Norwegian Salmon	Garden Vegetable & Cheddar Omelet	Braised Lamb Tikka Masala	Baked Cod Oreganata	Rosemary Prosciuoto Stuffed Pork Loin	Pistachio Crusted Artic Char Fllet	Chicken Coq au Vin	Rosemary Grilled Chicke Breast
florentino cauliflower & roasted fingerling potatoes	with shredded potato souffle	curried cauliflower with golden Jasmine rice	roasted carots with steamed green beans	Garlic Broccoli & Olive Oil Parmesan Roasted Potato	vegetable medley with toasted farro & quinoa pilaf	buttered haricot vert & roasted new potato	mashed potato and steamed carrots
Homestyle							Fish
Lemon Pepper Turkey Breast	Lemon Pepper Pork Loin	Indian Butter Shrimp (Buttery Tomato Cream Sauce)	Baked Ricotta Cavatelli	Homemade Eggplant Parmesan	Fresh Dill & Garlic Roasted Chicken	Penne Tossed with Shrimp, Fresh Plum Tomato ,Olives Arugala & Garlic	Atlantic Cod Filet
yellow and green squash medley & roasted fingerling potatoes	steamed sweet carrots & shredded potato souffle	curried cauliflower with golden Jasmine rice	topped with mozzarella garlic knot w steamed green beans	garlic broccoli & angel hair pasta	vegetable medley with toasted farro & quinoa pilaf	garlic bread	lemon white wine with sweet potato and steamed green beans
Healthy Choice							Burger
Toasted Tofu Mushrooms, Sweet Red Pepper & Snap Peas		Pesto Grilled Chicken Breast Sandwich	Chianti Braised Beef Tenderloin Tips & Porcinni Mushrooms	Lemon Pepper Baked Filet of Sole	Tuscan Portobello Bolognese	Hunan Beef Yakitori	Angus Beef Burger
ginger teriyaki glaze with Brown Rice		whole wheat bun lettuce tomato & red onion with baked sweet potato	Steamed Green Beans	sauteed Black Kale baked sweet potato	Penne Pasta with fresh mozzarella & basil marinara sauce	sauteed with mushrooms, scallions & broccoli with spring roll	lettuce, tomato & red onion on a soft roll
Desserts							Desserts
NSA Cheesecake	Sweet Almond Butter Croissant	NSA Apple Pie	Italian Tiramisu	NSA Fruit of the Forest Pie	Chocolate Fudge Layer Cake	Macaroon Cookies	Banana / Orange / Appl
Tiramisu	Apple Crown Danish	Chocolate Tuxedo Cake	Lemon Mascarpone Cake	Chocolate Chunk Cookie	Lemon Cookies	Lemon Meringue Pie	Fresh Cut Fruit
Chocolate Filled Cookies	Cinnamon Chip Scone	Fresh Watermelon & Kiwi	Strawbery Cream Cake	Coconut Custard Pie	Chocolate Éclair	Black Forest Cake	Coffee / Decaf / Tea

Reservations may be made for tables of up to 8 people when available RESERVATIONS ARE REQUIRED for Lunch, Brunch and Dinner For RESERVATIONS see the Hostess in person, call 203-595-2304, or use the Open Table App RESERVATIONS may be made up to 3 days in advance and until 3:00pm on the same day Attire in the Main Dining Room is "Country Club Casual": collared shirt, long pants, no jeans

To place an order for Brown Bag Dinner, refer to the menu above Place Brown Bag order by calling 203-595-2304
Place Dinner orders by 2:00pm, Brunch orders by 9:00am
Pick-up outside Activities Room- 4:30pm for Dinner, 11:30am for Brunch
There are no substitutions or special orders at this time

(Not Available on